

## SPANISH AMERICAN WAR

25 Apr 1898 - Aug 1898

TURNER, MORONI  
ABPLANAP, JAY  
ABPLANAP, JOHN D.  
DUNCAN, ELMER  
GOODWIN, M. TAYLOR  
JASPERSON, CHARLES W.

Soldiers of Spanish American War



Moroni Turner



Elmer Duncan



Taylor Goodwin

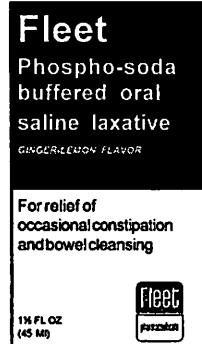
# INSTRUCTIONS FOR YOUR BOWEL PREPARATION WITH FLEET® PHOSPHO®-SODA

**READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE  
AS SERIOUS SIDE EFFECTS MAY OCCUR.**

**Follow the steps for the Prep as listed below, or as prescribed by your physician on the back.  
If you are taking medication (including aspirin or aspirin-containing products), consult your  
physician for additional instruction before beginning this procedure.**

## 2 DAYS BEFORE EXAM:

Obtain 3 fl. oz. of Fleet Phospho-soda (Ginger-Lemon Flavor or Unflavored) from your physician or pharmacy. The recommended dosage is one (1) 3 fl. oz. bottle OR two (2) 1½ fl. oz. bottles of Fleet Phospho-soda. Do not exceed the recommended dosage given in these instructions, as serious side effects may occur.



## DAY BEFORE EXAM:

Drink **only clear liquids** for breakfast, lunch, and dinner. Solid foods, milk or milk products are **not** allowed. **Clear liquids** include all of the following that are **not colored red or purple**: strained fruit juices without pulp (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer), Gatorade®, carbonated and noncarbonated soft drinks, Kool-Aide® (or other fruit flavored drinks), plain Jello® (without added fruit or toppings), and ice Popsicles®.

### Prep Schedule

- Breakfast - have only **clear liquids**.
- Lunch - have only **clear liquids**.
- Dinner - have only **clear liquids**.
- 7:00 PM: Add 1½ fl. oz. (3 tablespoonfuls; use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold **clear liquid** and drink. Follow immediately with 8 fl. oz. of **clear liquid**. Individual responses to laxatives vary. This prep often works within 30 minutes but may take as long as 3 hours. Remain close to toilet facilities as multiple bowel movements may occur.

**Before midnight, drink at least three (3) additional glasses of **clear liquids**:**

- Drink 8 fl. oz. of **clear liquids**.
- Drink 8 fl. oz. of **clear liquids**.
- Drink 8 fl. oz. of **clear liquids**.

**Nothing to eat or drink after midnight.**

## DAY OF EXAM:

- 6:00 AM (OR 3 HOURS BEFORE YOU LEAVE FOR YOUR EXAM):** Add 1½ fl. oz. (3 tablespoonfuls, use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold **clear liquid** and drink. Follow immediately with 8 fl. oz. of **clear liquid**. Reminder: remain close to toilet facilities.